

Comfort Philadelphia Collar

Patient Care Guidelines

Indications:

- Controls unwanted cervical flexion/extension and rotation
- Provides immobilization to promote spinal alignment
- Aid in other spinal anomalies & post operative support

Application:

- Follow all instructions carefully that were given to you by the fitting specialist and protocols set by your prescribing physician

- Your collar should only be removed to wash your face and neck and to clean the inside, unless otherwise instructed by your fitting specialist or physician

Removal:

1. To remove the collar, release the Velcro on one side of the collar and carefully remove the collar and set it aside
2. Keeping your neck still and straight, gently wash and thoroughly wash your face and neck
3. If necessary, clean collar with mild soap and water or alcohol and dry thoroughly



Re-Apply:

(Facing a mirror if possible will help facilitate the re-application)

4. To re-apply the collar, place the front part of the collar with the chin portion on your neck
5. While securely holding the front portion to your neck, swing the back portion around the back of the neck and pull the Velcro strap forward until collar is snug and secure strap in place

Any Questions Or Problems:

- For any physical problems, call your prescribing physician
- Call your fitting specialist for any problems associated with the the collar

Physician name & phone

_____ Ph _____

Fitting Specialist name & phone

_____ Ph _____

Cleaning & Care

Cleaning:

1. Remove collar very carefully as directed in removal
2. Hand wash with mild soap and water or alcohol
3. Rinse thoroughly and towel or air dry DO NOT USE HEAT
4. Re-apply as indicate in previous directive

Note:

It is important for proper hygiene to ensure that the collar is kept clean and dry. The collar should be cleaned as needed. Do not use wash machine, dryer, bleach, or harsh chemicals when cleaning the collar

Special Instructions:

Sizes Available:

Chin to Sternal Notch:

- 2 1/4" (5.75 cm) height
- 3 1/4" (8.25 cm) height
- 4 1/4" (10.75 cm) height
- 5 1/4" (13.25 cm) height

Neck Circumference:

- S: 10 - 12 in (25.5 - 30.5 cm) width
- M: 13 - 15 in (33 - 38 cm) width
- L: 16 - 18 in (40.5 - 45.5 cm) width

Ordering: www.NeckSolutions.com – Division of PostureMed