



Headset Kit


Best Seller!

Increase neck strength and mobility through forward and lateral flexion, extension and rotation exercises.

Features: Head harness with four attachment points, 2 ft / 60 cm modular tubing with 1.5 - 4.5 lbs / 0.68 - 2 kg of pull and a door mount.

M357 – Headset Kit

Interchangeable.

Resistance options: 

Available At
NeckSolutions.com

Headset Circumference Sizes

X-Small (silver)
18.5 – 19.6 in
(46.9 – 49.8 cm)

Small (yellow)
19.6 – 21.2 in
(49.8 – 53.8 cm)

Medium (green)
21.2 – 22.4 in
(53.8 – 56.9 cm)

Large (red)
22.4 – 24.0 in
(56.9 – 60.9 cm)

X-Large (blue)
24.0 – 25.1 in
(60.9 – 63.8 cm)

Headset should fit snugly around head. Choose smaller size if in between sizes.