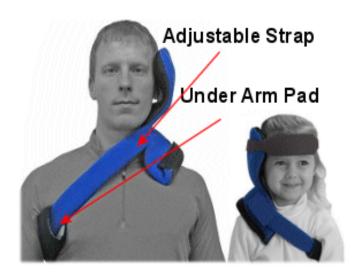
# **Indications for use:** Treats conditions like Torticollis (wry neck)



- Adjustable strap at neck seats and secures the brace on the shoulder.
- Pad under the arm provides comfort and redistributes skin pressure.
- High temperature plastic remolded by your health professional to provide the best fit as patient improves.
- Flex technology applies flexible low load passive stretch (LLPS) to encourage the muscle to relax and improve head posture.
- Optional forehead strap for all sizes.

#### **Instruction for use:**

Please read all of the instructions before use. Use as directed by your clinician. Always follow facility protocol for skin care.

- 1. Position the torticollis brace on the patient's shoulder on the side toward which his/her head is leaning. If it does not fit comfortably, ask your health professional to make necessary adjustments. There should only be mild stretch never overstretch the head/neck.
- 2. Adjust the black strap with the rectangular buckles on each end to achieve the correct angle to seat the brace on the patient's shoulder by pulling it off, then rehooking it onto the blue material at the appropriate place.
- 3. Take the black strap down across the patient's back and bring it forward under the arm opposite from the brace.
- 4. Slide the tubular padding to the appropriate place under the patient's underarm.





- 5. Bring the strap up and across the chest, slide it through the rectangular buckle an attach it back onto itself. Adjust the front and back of this strap until it is centered and the fit is comfortable. Ensure the strap does not put any undue pressure on the patent's chin or neck.
- 6. Run two fingers under all areas of skin in contact with the torticollis brace to make sure it is not too tight.
- 7. As the neck posture improves, contact your health professional to determine if and when the brace might need to be re-adjusted to continue improvement.
- 8. If the patient's head keeps falling forward out of the brace, contact your health professional or the manufacturer for assistance.





## **Cleaning Instructions:**

Use hospital approved disinfectant or household antimicrobial cleaner/disinfectant according to the label instructions for hard plastic. Padding can be laundered by hand or gentle cycle of home type washer with mild soap. Rinse. Squeeze between towels to remove excess water. Line dry. Do not use chlorinated products such as bleach.

### Warnings:

- This device is for single patient use only.
- Consult a clinical professional before using this device.
- Check all skin areas each time the orthosis is removed. If any discoloration does not return to normal within 3-5 minutes, discontinue use and report to your health professional. Discontinue use of the orthosis until this situation has been resolved.

### **Recommended Wear Time:**

Apply the orthosis initially for 30 minutes. Remove and check the skin for redness or breakdown. If skin integrity is compromised, discontinue use and contact your health

professional. Otherwise, gradually increase wearing times to the duration recommended by your clinician to no more than 6 hours at a time. Times are suggested and should be discussed with your health professional.

#### **Cautions:**

- Not user reparable. Consult your clinician or the manufacturer if damaged.
- No hazardous material present. Follow local environmental codes for waste disposal.

This product is not made with natural rubber latex (NRL) or d-2-ethylhexylphthalate (DEHP)

# Video Instructions & Ordering at NeckSolutions.com

